

*Life is better without pain
from your sacroiliac joint.
SacroFuse can help*



SACROILIAC JOINT FUSION RECOVERY

Typically, patients will be walking the same day of the procedure. Each patient has unique pain tolerance so the doctor will tailor the post-op recovery instructions. Many patients can return to work and perform light duties as early as one week after the surgery.

POST-OP INSTRUCTIONS: SACROILIAC JOINT FUSION

- No driving for 2 days.
- No NSAIDs for 6 weeks
- No lifting above 10 pounds for 6 weeks
- No running and jumping for 8 weeks and walk as tolerated
- Keep dressing dry until follow up
- Sponge bath or brief shower until follow up with the doctor
- Regular diet
- Take pain meds as prescribed

SACRIX
LES® SIJ Fusion

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